

Glossary

dandiya

A form of Indian dance.

diva lamp

A small oil lamp.

fast

To not eat or drink for a length of time.

garba

A form of Indian dance.

God

The creator.

goddesses

Female figures such as Durga and Lakshmi.

gods

Male figures such as Ganesh and Krishna.

Kum Kum powder

A powder used for religious markings.

mantra

Sacred verses which are repeated by worshippers.

prasad

An offering of food to the gods.

prayer

Talking to or thanking God or a deity.



puja

A prayer or offering to the gods.

puja thalis

A decorated plate used during puja.

sari

A colourful item of clothing worn by Indian women.

