

Our agreed consistencies for PE:

Every child must take part in 2 one hour lessons a week.

Children and adults must wear appropriate PE kit (depending on the weather) and remove or cover jewellery.

Everyone must take part in the "Mile A Day" to ensure we are keeping active on non-PE days and to be physically active for the recommended 60 minutes a day.

There must always be an adult to lead the lesson and an adult to support the lesson for those who require additional support.

There is a shared notice board with up to date photos, recent club letters and celebration of recent competitions.

at Sandhurst you would see:

Children and adults engaged and taking part.

Adults leading from the Get Set 4 PE scheme

A fully resourced lesson with the appropriate equipment

A warm up and cool down

Questioning from the adult leading the session to ensure children are engaged and understanding

Appropriate differentiation and support for SEND children

Happy, active children giving all of the activities and task a go

If you were to walk into a PE lesson | In our PE curriculum you will see that we value inclusion and diversity:

> Ensuring every child will partake in the "Mile a Day" for the recommended active 60 minutes or more of daily physical activity.

Giving every child the opportunity to join in and participate with P.E. lessons regardless of ability.

Supporting those who require additional support in lessons.

Getting the children to reflect during a plenary in order to give feedback to peers about things that went well and things they wish to try in the following lesson.



