



Supporting ADHD in the Home

Our Supporting ADHD in the Home course is designed to give parents and carers an understanding of ADHD behaviours and offers practical advice on how to support children in the home.

Would you like to:

- Explore the categories of ADHD
- Share ideas and strategies for managing behaviour
- Celebrate the positives of ADHD

Come and join us.

At the Ark Children's Centre

Creche available

2 hours on a Thursday for 4 sessions

12.30-2.30pm

11th, 18th, 25th January and 1st February 2024

To book please email tunbridgewellscscc@kent.gov.uk or call 03000 418059

We want you to enjoy learning with us. To help us provide the best possible experience for you, please let us know if you or your child have any disabilities or particular support needs.

FREE for all

