

Glossary

dharma

Religious duties or rules, which believers should follow.

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karma

The belief that your actions have an effect on this life and any future lives.

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kathak

A type of Indian classical dance.

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Krishna

A Hindu god representing love and joy.

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mehndi

A type of paste used to draw patterns usually on the hands or feet.

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pichkaris

Water pistols filled with coloured water used during Holi celebrations.

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Radha

A goddess devoted to the god Krishna.

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saffron

A spice and a colour that represents fire in the Hindu religion.

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sindoor

A red powder dotted on a person's forehead or at the parting of a married woman's hair.

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varna

The four main social groups in Hindu society; Brahmin, Kshatriyas, Vaishyas, Shudras.